Delaware County

Mental Health Resources



Community Mental Health Centers

Meridian Health Services - https://www.meridianhs.org/mental/

3620 W. White River Blvd.

Muncie IN 47304

Outpatient Therapy - serve all age levels and mental health concerns

- Complete medical, psychiatric and social evaluations
- Individual, group, and family therapy
- Medication evaluation and adjustment
- Medical care and monitoring
- Skills development
- Community Response Team

Centerstone - <u>Centerstone</u>

1200 S Tillotson Overpass Suite 8 Muncie, IN 47305

Outpatient

- Individual, Family, & Group Counseling for all age levels https://centerstone.org/service/counseling/
- Child and Family Programs https://centerstone.org/service/children-and-family/

Intensive Outpatient

Addiction Recovery - https://centerstone.org/service/intensive-outpatient/

Private Practice

Other Local Providers

Associates in Behavioral Counseling

https://abcbehavioralcounseling.com/

(765)288-1110

Blackbird Psychological Services

https://blackbirdpsychology.com/

(765)393-1008

The Briarwood Clinic

https://www.briarwoodclinic.com/

(765)289-5520

Insurance accepted

Center for Psychological Development

https://muncietherapy.com/

(765)287-1922

Insurance, including Medicare and Medicaid accepted

Freedom Work Counseling and Consulting

https://freedomworkcc.com/

(765)273-3224

Insurance accepted, including Medicaid

Lykins Counseling Clinic

https://www.lykinscounselingclinic.net/

(765)282-7150

Still Waters Professional Counseling

https://www.stillwaterspc.com/

(765)284-0043

Union Chapel Counseling Center

https://www.counselinguc.com/

(765)288-8416

Insurance accepted

Specific Mental Health Professional

Available Practitioners

Mandalyn Castanon LMHC - Mandalyn Castanon

Paul Spangler HSPP - Paul Spangler

Audrey Hicks LCSW - Audrey Hicks

Sharon Ezop HSPP - Sharon Ezop *accepts Medicare and Medicaid

Lisa Ferguson LCAC - Lisa Ferguson -

Taylor Leamon Stevens LCSW - <u>Taylor Leamon Stevens</u>

Telehealth Only

Alyssa Jo Brown HSPP - Alyssa Jo Brown

Waitlist

Demetria Michelle Jackson LMFT- Demetria Michelle Jackson -

Erin Sadler HSPP - Erin Sadler

Bryon Long Psychologist-Bryon Long

Gissell O Mckell-Jeffers HSPP- Gissell O Mckell-Jeffers

Chloe Czolgosz LMHCA - Chloe Czolgosz

Jamie Pereira LMHC - Jamie Pereira

Alysha L Nemore LMHC - Alysha L Nemore

Additional Counseling Services

None CMHC provider that accept clients no matter their ability to pay

- Open Door Health Services all age levels and mental health concerns Open Door
 - Individual counseling
 - Diagnostic testing

IU Health Ball Outpatient Behavioral Health - IU Outpatient Behavioral Health

- Individual counseling
- Psychological diagnosis and assessment
- Psychiatric services
- Addiction treatment and recovery center for adults only
- Group therapy for depression, anxiety, addiction and disordered eating for adults only

Inpatient & Residential

Inpatient

IU Health Ball Memorial Hospital

- Temporary psychiatric hospitalization for adults

Near Delaware County

Ascension St Vincent Anderson - Center for Mental Health and Addiction Services

Addiction and mental health care for adults and adolescents

Residential

Youth Opportunity Center - YOC Residential Program

- For children ages 6-18 with complex and diverse clinical and behavioral challenges

Near Delaware County

Ascension St Vincent Anderson - Center for Mental Health and Addiction Services

- Mental health and substance use programs for adolescents and adults

Selah House

- Eating disorder treatment program for female adolescents and adults
 - Individual and group therapy
 - Art and equine therapy, cooking groups, and yoga

Intensive Outpatient & Partial Hospitalization

Intensive Outpatient

IU Health Ball Outpatient Behavioral Health

- Addiction treatment and recovery center for adults only Group therapy for depression, anxiety, addiction and disordered eating for adults only

Outside Delaware County

Ascension St Vincent Anderson - Center for Mental Health and Addiction Services

- Services are provided for children, adolescents, and adults
 - Substance use and addiction treatment programs
 - Group behavioral therapy
 - Individual counseling
 - Day school program for children and adolescents

Partial Hospitalization - outside Delaware County

Anderson

Bridges of Hope Treatment Center

- Substance abuse program for adults Individual and group therapy

 - Medication management
 - Psychiatric evaluation

Selah House

- Eating disorder treatment program for female adolescents and adults

 - Individual and group therapy Art and equine therapy, cooking groups, and yoga

Indianapolis

Franciscan Physician Network Psychiatric Specialists Indianapolis
- For adolescents and adults dealing with emotional and behavioral concerns

Population specific treatment

Domestic Violence Treatment

A Better Way - A Better Way

- Shelter and services provided for survivors of domestic abuse and sexual assault

YWCA - YWCA

Recovery Homes

The Lighthouse Recovery House - The Lighthouse Recovery House

- Faith based residential addiction treatment program for women

Meridian Health Services Women's Recovery Home - Meridian Women's Recovery Home

- Substance use treatment home for women

<u>Homeless</u>

The Hub - The Hub

Provides connections to shelters, counselors, basic necessities

Liberty Street Recovery Program - <u>Liberty Street Recovery Program</u>

- Faith based program provides emergency shelter, recovery program and transitional living program for men

Self Help Groups

NAMI of Delaware County - NAMI of Delaware County

- Peer support groups for those with mental illness and their families

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